

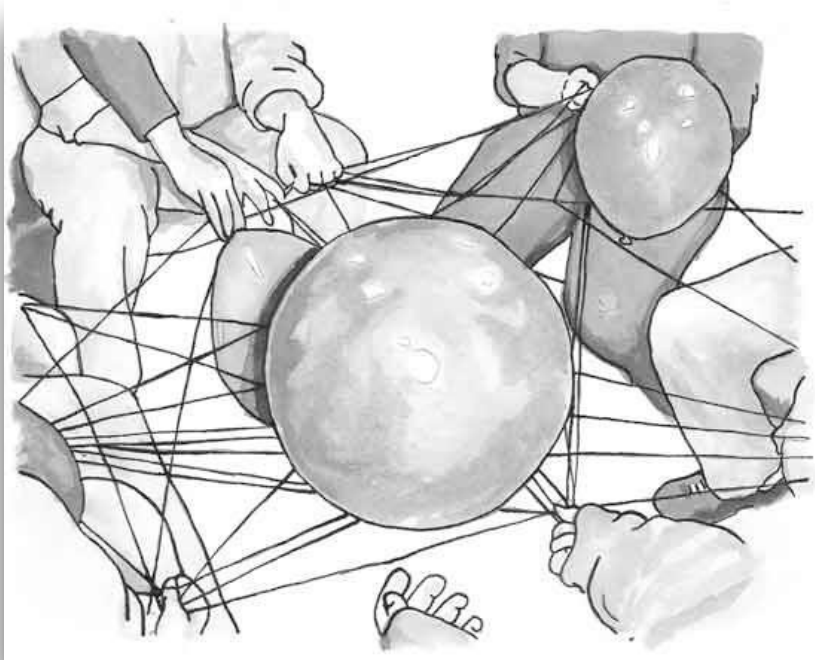


A Connected School is a Safe School



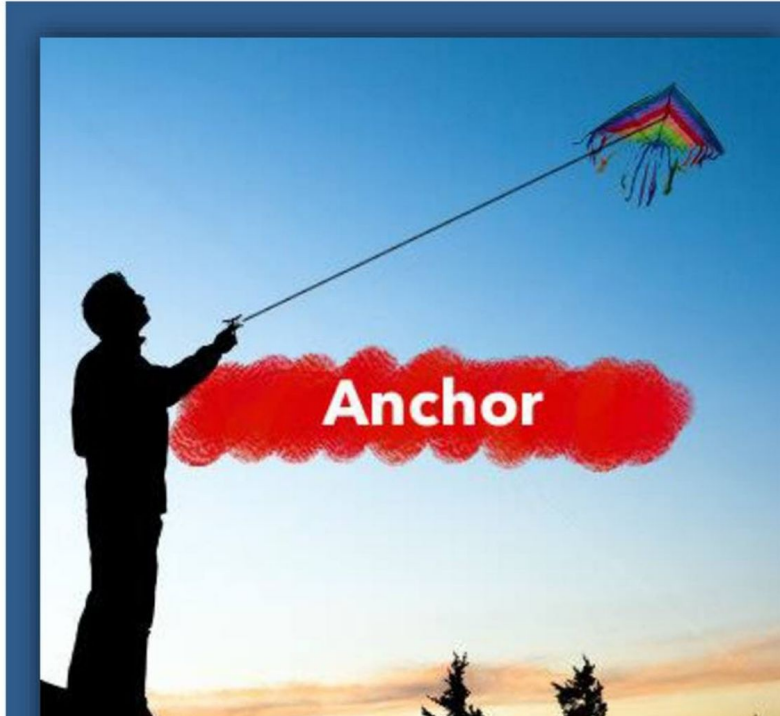
Brightways Learning

The Full-Color Web of Support framework





Anchors



- Part of your world in some way; often sees & appreciates your unique talents and “smarts”
- Expects more of you than you expect of yourself
- Teaches, mentor, coaches, guides, etc. you into those expectations

It is the YOUTH who CHOOSES who their Anchors are!



Orange: Tangible Strings

These supports are easy to see and measure



Yellow: Intangible Strings

Virtues and values that are demonstrated through behaviors

Protective PHactors — Strings in a Youth's Web of Support

Orange — Tangible Strings



1. **HOME** — I have a safe, warm and dry home.
2. **CLOTHING** — I have clothing that is appropriate, and I understand how my style may impact people's impressions of me.
3. **NUTRITIOUS FOOD** — I regularly eat nutritious food, and it is always available.
4. **SUPPORT FOR FAMILY** — I do things to support the well-being, needs, and responsibilities of my family.
5. **BOUNDARIES AND CONSEQUENCES** — I know the rules that I am expected to follow, and I understand the consequences for not following the rules.
6. **SAFE AT SCHOOL** — I feel safe and respected at school.
7. **PEOPLE SKILLS** — I have the knowledge, words, and skills necessary to resolve conflict peacefully, resist harmful behaviors, and have others respect my boundaries.
8. **NEIGHBORS KNOW YOUTH** — I know many adults by name and reputation, and they let me know that I have value.
9. **ADULTS AND YOUTH WORK TOGETHER** — I work in the community alongside adults.
10. **CULTURALLY RESPECTFUL** — In general, adults know and appreciate my cultural heritage.
11. **ADULTS HOLD HIGH EXPECTATIONS** — In general, adults believe that I can learn and their actions prove it to me.
12. **FAMILY INVOLVEMENT IN LEARNING** — My family does things to support me to succeed in school.
13. **SUPPORT TO OVERCOME CHALLENGES** — There are adults who guide me to overcome my challenges.
14. **EASE OF READING** — I enjoy reading; it is easy for me and I read every day.
15. **EASE OF MATH** — I can do math as well as most other students my age.
16. **LEARNING IS INTERESTING** — The adults in my life make learning in and out of the classroom interesting, enjoyable, and safe.

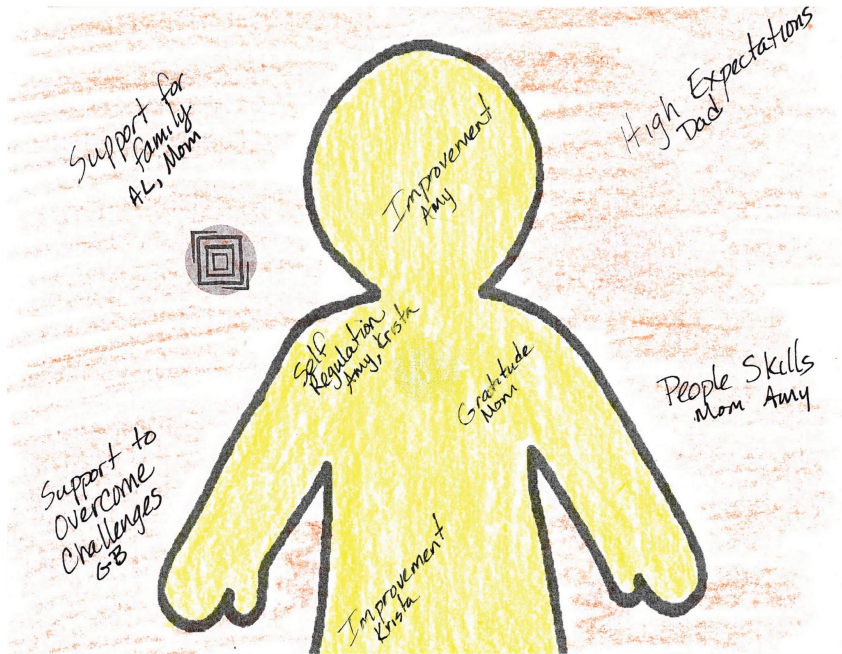
Yellow — Intangible Strings



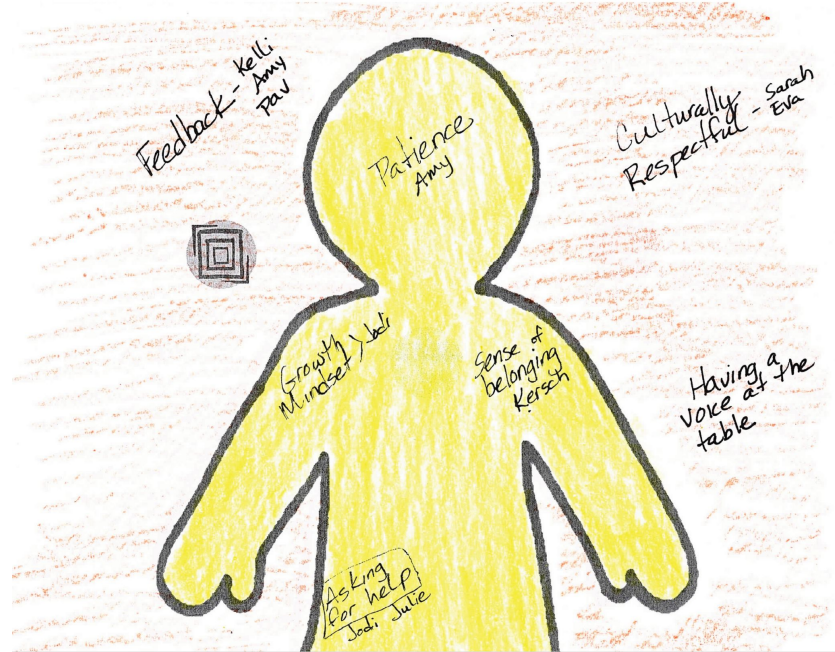
- A. **INTEGRITY** — I can act on what is right, avoid what is wrong, and keep my word.
- B. **IMPROVEMENT** — I want to improve at the things I value, and I strive to become the best person possible.
- C. **RESOURCEFULNESS** — I can use whatever is available to make the best out of a bad situation or to solve a problem.
- D. **OPEN MINDEDNESS** — I am able to listen to, think about, and sometimes accept ideas that are different than my own.
- E. **VISION** — I can visualize what is possible for my own life and for the world around me.
- F. **CURIOSITY** — I think about how things are made, how things are done, and why things work.
- G. **PERSPECTIVE** — I can see how facts and ideas fit together.
- H. **COMPASSION** — I give others my time, resources, and money, and I use my gifts to help others.
- I. **LAUGHTER** — I can laugh at myself and at the unexpected things that happen to me.
- J. **EMPATHY** — I notice when someone else is hurting and I can feel their pain.
- K. **HUMILITY** — I know my accomplishments, and I am grateful to all the people who have supported me.
- L. **CARING** — I can connect with other people, and I care deeply about some other people in my life.
- M. **JUSTICE** — I like things to be fair, and I work to make things more fair.
- N. **GRATITUDE** — I appreciate and am thankful for the things and experiences that I am given.
- O. **SELF-RESPECT** — I value my health and the person that I am becoming.
- P. **SELF-REGULATION** — I can control my thoughts, actions, and appetites for things like sugar, television, alcohol, tobacco, and other drugs.

Example of Adult Strings

My Strings



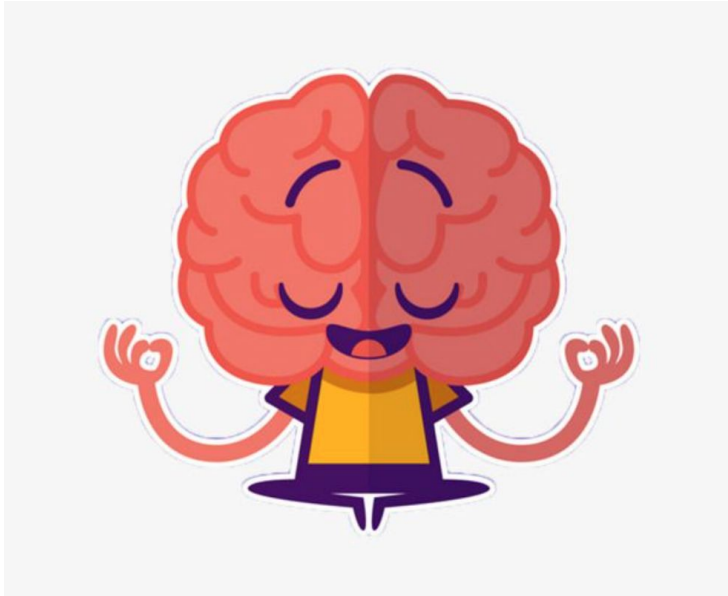
Strings I Want to Grow



Wired for Connection

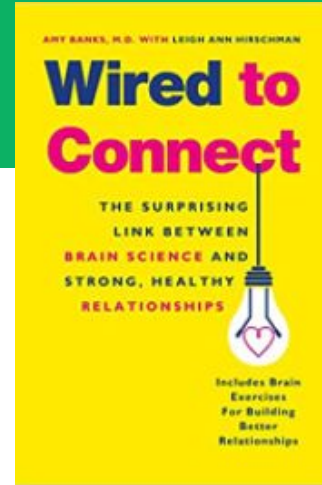
Neuroscience & Relationships

C.A.R.E represents the 4 major pathways that work to create and maintain relationships



C - Calm

Governed by the smart vagus nerve



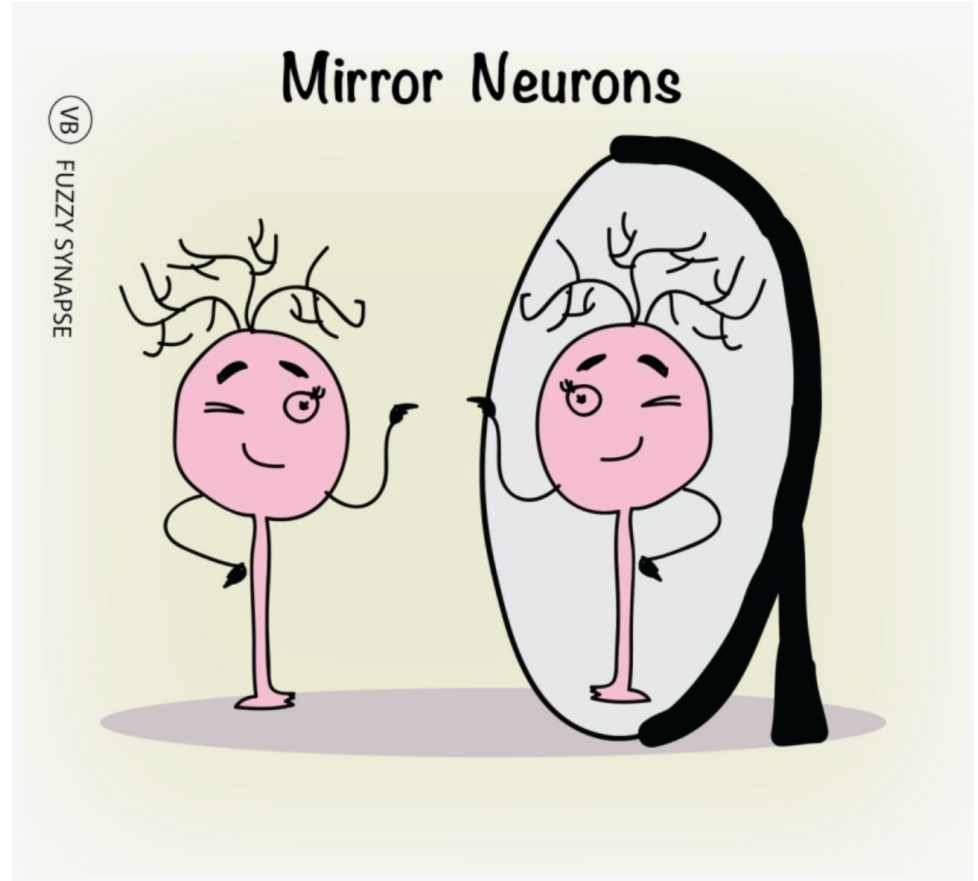


A - Accepted

Governed by the dorsal anterior cingulate cortex or dACC

R - Resonant

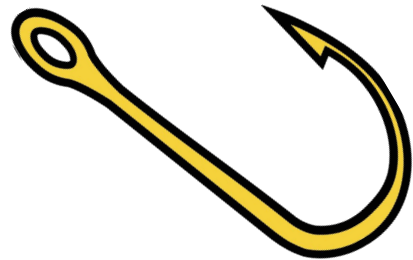
The mirror neuron system





E - Energetic

The dopamine reward system



Thinking about today...



**What stood out?
What do you want to
remember from our
day together?**



**What are some
personal ways you
related to the content?**



**What is one thing you
will take away to do in
the next week?**

